

DOCUMENT RESUME

ED 471 701

PS 030 893

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TITLE Elementary School Recess: Selected Readings, Games, and Activities for Teachers and Parents.

ISBN ISBN-0-89641-354-3

PUB DATE 2000-00-00

NOTE 281p.

AVAILABLE FROM American Press, 28 State Street, Suite 1100, Boston, MA 02109 (\$28.95; Educators, \$23.95) . Tel: 617-247-0022; Fax: 617-247-0022; email: ampress@flash.net; Web site: <http://www.american.boston.com>.

PUB TYPE Books (010) -- Guides - Non-Classroom (055) -- Opinion Papers (120)

EDRS PRICE Document Not Available From EDRS.

DESCRIPTORS *Childhood Needs; Childrens Rights; Elementary Education; *Elementary School Students; Games; Outdoor Activities; Physical Development; *Playground Activities; *Playgrounds; Position Papers; *Recess Breaks

IDENTIFIERS National Association Educ of Young Children; Playground Design; Playground Equipment

ABSTRACT

Based upon the principle that all children have a right to play and to experience the benefits of recess, this book assists elementary school teachers and parents in offering children in preschool through Grade 6 appropriate recess games and activities and provides a variety of readings that support the need for recess activities. The book is organized in five parts discussing elementary school recess and the child's intellectual growth, social growth, physical growth, a global perspective, and the historical significance of classic recess games. The articles are: (1) "Recess: A Time To Learn, A Time To Grow" (Marcy Guddemi); (2) "Recess: A Curriculum Necessity" (Tom Jambor); (3) "What Research Says about the Need for Recess" (Olga Jarrett and Darlene Maxwell); (4) "Language and Play on the School Yard" (Rose Winkler); (5) "Observing Children during Recess" (Jill Fox); (6) "Recess and Learning in Moscow" (Linda Davey); (7) "The Social Value of Recess" (Lori Friedman); (8) "Rough and Tumble Play during Recess: Pathways to Successful Social Development" (Tom Reed); (9) "Imaginative Play and Recess" (Elizabeth Rike and Anne Krueger); (10) "A Look at the Peaceful Playground Program" (Karen Robertson and Melinda Bossenmeyer); (11) "Recess: A Provider of Outdoor Interactions" (Sunny Davidson); (12) "Child-Designed Games for Recess" (Deborah Coffin); (13) "Art and Recess" (Barbara Michaels); (14) "Motor Skill Development on the Playground" (Joanne Dusel); (15) "Exercise and Recess" (Lee Spieker); (16) "Recess: A Foundation to More Complex Movement" (Robert Battista); (17) "Recess from a Physical Educator's Perspective" (J. Walter Lisk); (18) "Developing an Elementary School Playground Safety Support System" (Tom Jambor); (19) "Recess: Opportunities for Motor Skill Development" (Nancy Halliday); (20) "Recess and Outdoor Experiences" (Margot Brous); (21) "An Historical Trend To Eliminate Recess" (Audrey Skrupskelis); (22) "A Parent's Struggle To Reinstate Recess" (Nanette Montgomery); (23) "Recess: Every Child's Right" (Susan Mason); (24) "Recess: A Child's Freedom" (Mary Asgari); (25) "Children's Recess in Cyprus" (Phoebe Constantinou); (26) "Play and Recess Environments

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in India" (Jimi Jolley); (27) "Russian Language Games for Indoor Recess" (Tatiana Gordon); (28) "Considerations for Creative Play Spaces" (Georgianna Duarte); (29) "Why Is Supervision So Important at Recess?" (Donna Thompson, Susan Hudson, and Mick Mack); (30) "The North Shore School District Recess Study" (Rhonda Clements); (31) "Early Years Are Learning Years: The Value of School Recess and Outdoor Play [Position Statement]" (NAEYC); and (32) "A Selection of Classic Recess Games and Their Historical Significance" (Rhonda Clements). Contains 135 references. (KB)